

MEDIA ADVISORY  
FOR IMMEDIATE RELEASE

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## Dayton Book Expo Features Six Debut Titles

Dayton, Ohio – On Saturday, April 30 2011, six new titles will debut at the Dayton Book Expo ([www.DaytonBookExpo.com](http://www.DaytonBookExpo.com)). The celebration will be held at noon in the Great Hall at Sinclair Community College's Ponitz Conference Center—Building 12, 444 West Third Street, Dayton, Ohio 45402. In addition to the new-release celebration, more than fifty authors will be signing books from 11:00 AM to 4:00 PM. The Dayton Book Expo also boasts panel discussions for aspiring authors and activities for children in the Kidz Zone. The family-friendly event is free and open to the public.

The following authors will introduce their titles to the book lovers of Dayton:

Karen M. R. Townsend, Ph.D. ([www.aboutmysisters.com](http://www.aboutmysisters.com))

### ***It All Started When I Stopped Using Lotion — One Woman's Journey From Chaos to Calm***

*When was the last time YOU were the priority?*

During a long-overdue spa visit, Karen shared with the pedicurist that she had developed a callous down the center of her left foot. He examined it and asked a series of questions.

“Do you do a lot of walking or wear high heels?”

“Yes and yes.”

“When you take baths, do you use a pumice stone to smooth your feet?”

“When I take baths? I don't take baths anymore. I just don't have the time.”

Wife, mother and entrepreneur, Karen Townsend invites you to join her on the journey from chaos to calm. After juggling a schedule so hectic that she couldn't even find time to put on lotion, she stumbled upon a solution that will help you make a commitment to **TIME: Time for ME!**

In this book, you will learn

- How to set boundaries so that others will respect your **TIME**
- Creative strategies for saying “NO!” to requests that drain your time and energy
- The importance of saying “YES!” to yourself
- The true meaning of PMS
- Fifty-two ways to put more balance into your life

Karen M.R. Townsend, Ph.D., is the CEO of KTownsend Consulting. A popular conference speaker and seminar leader, she is also the founder of About My Sisters—an organization dedicated to the growth and empowerment of women and girls.

Trotwood-Madison High School's Passionate Pens ([www.trotwood.k12.oh.us](http://www.trotwood.k12.oh.us))  
([www.passionatepens.com](http://www.passionatepens.com))

***A Kingdom Waiting: Loss, Triumph and the Young Spirit***

*Abandon doubt. Commemorate character. Honor self.*

“There is nothing like youth. The middle-aged are mortgaged to life. The old are in life’s lumber room. But youth is the lord of life. Youth has a kingdom waiting for it.”

~ Oscar Wilde

In ***A Kingdom Waiting: Loss, Triumph and the Young Spirit***, you’ll explore life from a high-school student’s perspective including

- Coping with grief
- Forgiving betrayal
- Moving past heart break
- Transforming depression
- Overcoming low self-esteem
- Shedding fear
- Realizing possibilities and
- Achieving potential

Trotwood-Madison City Schools are committed to lifelong learning facilitated by an innovative and dedicated staff, community participation and state-of-the-art resources in a stimulating atmosphere.

Jemal Gibson ([www.drugsmycursemysavior.com](http://www.drugsmycursemysavior.com))

### ***Drugs, My Curse My Savior***

“You say one word, I blow his head off!”

With a gun held to six-month-old Jemal Gibson’s head, two gunmen forced his strung-out father to hand over drugs and drug money. In 1969, when heroin, gangs and major crime devastated Black communities—especially the housing projects of Chicago—a newly married couple reached the height of turmoil. Initiated by his drug-dealing, addicted parents and spun by his environment, the event foreshadowed Jemal’s destiny by creating a cyclical web of gangs, drugs, prison and death. When Jemal realized that the same entangling web created from bad choices can be detangled with good choices, he pursued change. ***Drugs, My Curse, My Savior*** is his mecca from the projects to the promise.

Jemal Omar Gibson transformed his destiny. He graduated at the top of his class from the United States Army Infantry Course. After an injury halted that career, Jemal turned back to drugs. Not as a user, but as a sales representative at the world’s largest pharmaceutical company. He quickly climbed the ranks—breaking race and age barriers—to run billion-dollar operations as one of the youngest regional sales managers in the company. As Jemal is featured in the company’s annual report, he humbly accepts victory over his world of drugs.

Toneal Jackson ([www.tonealsto-dos.org](http://www.tonealsto-dos.org))

### ***Pleasing Your Partner: A Spiritual Guide to HAPPINESS***

By adhering to the principles of ***Pleasing Your Partner***, marital issues including financial hardship, infidelity and lack of communication can be conquered. Every couple—whether newlywed or celebrating the silver anniversary—can benefit from this spiritual guide to H.A.P.P.I.N.E.S.S.!

Wife and mother, Toneal Jackson travels the nation presenting her book and rendering motivational seminars that empower married couples to persevere.

Carla Ladd ([www.carlaladd.com](http://www.carlaladd.com))

***If She Can Beat Me Rockin', She Can Have My Chair!***

*Lessons about Life, Love and Taking Care of Business for Young Women*

Carla's grandmother was a compassionate, fun-loving, no-nonsense woman with firm beliefs and values. Her wisdom instructed, encouraged and inspired Carla to become the respectable woman she is today.

The lessons Carla learned at her Granny's kitchen table will make you laugh and cry as you reminisce about the life lessons your mother, grandmother or other special elder taught you. This fun, quick-read is a great gift for young women who need to be taught some *old-school* lessons.

Carla Ladd was raised in Dayton, Ohio. She has a bachelor's degree in Electrical Engineering from California State University and a master's degree in Computer Science. She resides in Colorado with her husband, Marion.

Charron Monaye ([www.charronmonaye.com](http://www.charronmonaye.com))

***My Side of the Story***

*How many times have you felt alone or unappreciated?*

*Have you ever loved someone who didn't love you back?*

***My Side of the Story*** is a collection of poetry that inspires women to look beyond life's adversities and focus on their strengths. Charron Monaye sprinkles personal experiences on relationship, heartbreak and parenthood to reveal that she shares feelings of hurt, abuse, appreciation and love with readers.

At eleven-years old, Charron made her poetic debut at the United Negro College Fund's Awards Banquet where she performed her award-winning poem, *Alone*. Since that time, the Philadelphia native has been recognized for her syncopated meter and rhyme and penned lyrics for several independent music labels.

For more information about the authors and their books, visit [DaytonBookExpo.com](http://DaytonBookExpo.com)

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